



SANGHA ONLUS  
BUDDHIST MONASTERY



LET'S BUILD THE MONASTERY TOGETHER.

Welcome to the Buddhist Monastery Lhungtok Choekhorling!

Monks and nuns of the Sangha Onlus Association in Pomaia plan to build a Monastery on a hill nearby the Lama Tzong Khapa Institute. The Monastery will rise from the rockface like the monasteries in Tibet and restore a previously abandoned quarry. It will be the first Monastery built in Italy according to the Tibetan Buddhist tradition. It will act as a reference point for all those interested in taking the vows: a place where the monastic sangha can live by the discipline and ethics taught by Sakyamuni Buddha, receiving teachings, studying, growing in their practice and keeping the tradition alive.

The architecture of the Monastery will include a Temple and monastic cells, with full respect for both tradition and landscape. It will be guided by a path of eco-sustainability, ensuring a low environmental impact, with energy-saving and attention to resources.

The Monastery will open to others and interreligious dialogue, with some spaces devoted to silence, contemplation, and spiritual counselling.

It will allow people of different religious beliefs to open their hearts and minds to the harmony of communication based on respect and tolerance. It will enable them to improve peace of mind in their daily life and promote world peace.

As a monastic project included in the Foundation for the Preservation of the Mahayana Tradition (FPMT), it relies on the teachings and the advice of His Holiness the 14th Dalai Lama and Lama Zopa Rinpoche.



Lhungtok Choekhorling means "the place where the teaching is conveyed and realized". It is the name His Holiness the 14th Dalai Lama chose for the Monastery when He visited the hill and blessed the area in June 2014.

Every great project is made of little collective gestures.  
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**ASSOCIAZIONE SANGHA ONLUS**  
Via Poggiberna 15, 56040 - Pomaia (PI) - Italy